

# **Annual Report**

## **2022-23**



**EDUCATIONAL & SOCIAL TRUST**

Reg.No. F 36649 (Mumbai)

## ABOUT ORGANISATION

**Khushi Educational And Social Trust** is a Mumbai based Non-governmental organization, working towards bringing a change for the betterment of under privileged women and children through the most powerful medium, that of education. The trust was formalized in 1999 and registered under The Bombay Public Trust Act 1950 in 2007.

**Our vision** is to play an active role towards building an educated, socially aware, self-reliant and healthy society. "To dutifully serve the society that we live in, is true social service." Khushi Trust is the result of coming together of social conscious persons who firmly believe in this ideology.

## OUR PURPOSE

When we work with people at the grassroot level, we understand their needs more easily which in turn helps us to outline the work of the organization. After working with the elders for the last two years, and understanding them, we identified the need of such centers in every locality, wherein we required the services of a counsellor, a physiotherapist, and a general physician once a week. This provides physical health services as well as mental support to the elderly. Care centers have special importance and the need in the present changing lifestyles.

Girls can become self-reliant even after taking short courses which the success of the "Sahyogini" project has proved. Started with beautician course four years ago, today girls are also learning tailoring and mehandi. Earning money for their daily expenses gives them a lot of self-confidence. Self-reliance is the main objective of this project which is to a large extent successful.

Art is one activity that makes for a well-rounded personality. This is an essential component in nurturing creativity and aid intellectual development. Working with the children and seeing their enthusiasm for learning always inspires us to try something new. This inspiration motivates us to try to do better even with limited resources. This report is the document of these efforts.

In this report, an account of our annual work, we have tried to convey in words the hard work we are doing. We hope that this report you will get adequate information about the work of our organization.

Thanking you,

**Ujwala Patel**  
Khushi Trust

## Khushi Care Center

For the past two years, the centre is providing service to the elderly in the community, who have become a part of our family. It makes us feel good to see that they share their joys and sorrows with us.

People who initially only came to the centre for medical treatment and physio-therapy, gradually started participating in every activity of the centre with full enthusiasm. Their visits to the centre for medical treatment, and our visits to their homes helped to provide mental and emotional support.



While working with the elders, our colleagues also realized how little time we give to the elders in our own homes. The elderly citizens are not there just to take care of their homes. They have crossed through significant stages in their lives; they have their own experiences, knowledge which they can share with us if we want.



We have today a total **50 elders** visiting our centre, more women than men. We found that even in their old age, women are not able to find time to exercise or go for a morning walk. They spend most of their time in household chores and taking care of their grandchildren as a result, even at this age, they get less time for themselves. That's why too, the importance of the centre has increased in their lives.

Families with modest incomes do not spend much on the medical treatment of the elders in their homes. Under these circumstances, they buy medicines from the pharmacy without consulting a doctor. Since free medical services at the centre are available at their doorstep, they now get a medical check-up, if necessary, at reasonable





rate, and have started taking medicines as per the doctor's advice.



They also come to the centre to watch films to have a good time and also ask to show films of their choice. They take part in art and craft activities. We are in the process of preparing “Nana Nani Ki Kahaniyan”, under which selected senior citizens will go to selected schools to narrate stories to

children.

While taking care of our homes and family, we miss out a lot in life leaving an empty space, which we regret later when we contemplate on our bygone life. We are happy that the Care Centre is becoming a means to fill that empty space in their lives.

## ENGLISH – E – TEACH

BCPT organization has been working in various schools for the past decade to build confidence in speaking English to students studying in regional language schools.

In the academic year 2022-23, college students were trained in English e-Teach and these students conducted English classes with school students. They were given training in details, such as how to create report with the students, how to use English E-Teach materials, and how to revise the previous class every time before starting the class.

College students from **VK Krishna Menon (Bhandup)** and **Vidyalankar (Vadala)** implemented English E-Teach initiative in schools. College students took English E Teach classes in schools twice a week from September to February.

The main objective of our initiative was to provide quality education in English to students in regional schools and to create an opportunity for the college youth to get first-hand



experience of the academic and social conditions at grassroots levels.

The BCPT English E-Teach curriculum consists of attractive cartoon-style short videos in an easy-to-understand language apt for their abilities and appropriate for students of grades I to IV. This method helps to alleviate their hesitation to speak. They listen to the pronunciation of English in the video and constant repetition with their instructors creates an environment to speak English with confidence.



We conducted pre-test / post-test in schools to evaluate the



success of our English E-Teach initiative. We observed the number of concepts the children actually understood and found that they understood more English questions than before and scored higher than before. Our aim was not higher

marks, but to make the children understand the questions faster than before and make them speak confidently in English, even if broken English, but without fear and that goal was achieved.

## Art Masti

The Masti Project aims to promote creativity in school children. Due to lack of art teachers in schools and expensive material



required for this activity, children from economically weaker sections remain deprived of this type of hobby. In addition to encouraging creativity, art also has its own importance in increasing concentration,



confidence and curiosity in learning. To fill this gap, we have been working on this project for the last 4 years.

We have been running this Art Masti projects free for the kids in schools from Mumbai to Ambernath. These schools teach in regional languages, and the children studying here are basically from economically weaker sections.

In the academic year **2022-23**, we conducted our programs in **24 different regional language schools of the Municipal**



**Corporation.** We taught a total of **2,335 students** various Art & Craft activities (10 items per student). Materials required for this workshop was made available to the students free of cost. The enthusiasm and interest of the children and the encouragement of the teachers always motivates us to do something new in this field.

Due to this inspiration, we organized this **Art Masti Camp** for the second consecutive year on the occasion of annual summer vacations. A total of **697 students from 6 schools of classes 3rd to 7th** participated in this two-day camp. We taught each child to make four items. It was pleasure to see the children's interest and artistry in these camps. The demand for such camps from other schools in the area are increasing in



numbers. Due to paucity of human resources, it was not possible for us to reach everywhere. But in the next academic year, efforts will be made to organize such camps in more and more schools.

## Summer Camp

Like every year, Khushi Summer Camp was organized this year as well. This camp was organized at Jijamata Vidyalaya. A total of 110 children from classes III to VIII from Jamil Nagar, Maharashtra Nagar, Buddha Nagar and Pathan Colony of Bhandup, took advantage of this four-day camp. Art craft, tree planting, storytelling, story writing, drama, dance workshops were organized in the camp organized from 1st to 4th May. Children were also given breakfast daily. The benefits of such camps are manifold.



1. Children can spend quality time during the vacations.
2. Every child gets equal opportunity to take part in every educational activity.
3. Along with having fun, qualities like ethics, discipline, scientific attitude is also inculcated.

Just because this camp is free, there is no compromises are made on deciding the activities, use of materials, resource person etc.. Every care is taken in the camp to ensure that all facilities provided to the children are of high standard.

The smile on the face of every child, who comes to the camp, is a sign of our success.





This project is designed for the empowerment of women by making them capable through skilling.

we did this by providing new skills to the needy and interested women, so that they can earn some money working from home. This project is being run by Khushi in Bhandup. Many young girls have also taken advantage of this project.

Since 2019, Khushi is running 45 days Basic Beautician Course. This course is taught, Eyebrow, Waxing – Leg and Hands, Facial, Manicure , Pedicure, Hair Cut, Hair Color, Hair Style ,Bleach, Day Make-up, Night Make – up and Saree Dripping.

In 2022-23, twenty girls participated in the eighth batch of beauticians. Besides the free training, required material was also given free of cost to every girl. After completing the course, some girls have started working on their own by providing service at the customers' homes.

This year we have also started a three-month Basic Tailoring Course. In this course they were taught to make Fancy Bonet, Carry Bag, Frock Petticoat, Umbrella Skirt, Umbrella Frock Sada Blouse, Katori Blouse, Simple Dress, Long Kurti & Pant & Maxi. There were a total 14 girls in the first batch. Everyone was given all the required material for the course, free of cost, such as pens, registers, fabric, etc. Observing that the girls trained in this course started taking orders for blouses and dresses has encouraged us to start a new batch.

Sahyogini Prakalpa is not only to help women, but rather meant to empower them. Empowered women not only support themselves, but are also the pillars of the family. We are with those women who are trying to become self-reliant.





## Our Team



Ujwala Patel, Mahenoor Shah ,Jyoti Singh, Minal Vishwakarma,  
Nisha Yadav, Sunita Yadav, Farzana Shaikh,

## THANKS

We had the pleasure of working with and being supported by exceptional individuals and organisations. We would like to thank all of them for their unwavering support.

This is the bedrock of our organisation and we are grateful to our many supporters, our work would not be possible without you.

Finally we wish to thank our amazing staff, volunteers and resource person for their hard work.

**Let's bring happiness together....**



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